

TAKING BOOKINGS
FOR 121 PERSONAL
TRAINING

WEEK OF 2 MAY TRAINING 2022



Rivermead Complex, Reading
Bank Holiday - NO TRAINING



Rivermead Leisure Complex
5-6pm Open2All U8yrs
6-7pm Open2All U13yrs
7-8pm Open2All U18/Adults
8-9pm Red/Black Belts



St Crispins Leisure Wokingham
5-6pm Open2All U8yrs
6-7.30pm Open2All U13yrs
7.30-9pm Open2All U18/Adults
Henley Leisure Centre
7-9pm Open2All 8yrs+



Rivermead Complex, Reading
Local Elections - NO
TRAINING CLOSED to Public



Rivermead Complex, Reading
Local Elections - NO TRAINING
CLOSED to Public



St.Crispins Leisure Centre Wokingham 10-11.00hrs Open2All
8yrs+ Padwork & Sparring
Bulmershe Leisure Centre Woodley 10-11.00hrs
Open2All 8yrs+
Patterns & Fundamental Movements

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