

**T H A M E S V A L L E Y**  
**PRO TAEKWON-DO**  
**K O R E A N K I C K B O X I N G**

**Quick Reference Training Timetable**



	9:30 to 11:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00
<b>Monday</b>												
Rivermead Leisure Complex		Green		Pink				Blue				
Henley Leisure Centre									Purple			
<b>Tuesday</b>												
Rivermead Leisure complex				Green		Pink		Blue				
<b>Wednesday</b>												
Henley Leisure Centre									Purple			
St Crispins Leisure Centre				Green		Pink			Blue			
<b>Thursday</b>												
Rivermead Leisure Complex						Pink			Blue			
<b>Friday</b>												
Rivermead Leisure Complex		Green		Pink								
<b>Saturday</b>												
St Crispins Leisure Centre	Purple											

Green	Pre TKD/Mini Kickers U8 yrs
Pink	Children U12 yrs
Blue	Juniors U18 yrs/Seniors U40 yrs/Veterans 40 yrs+
Purple	Mixed Ability/Family Session



<http://www.thamesvalleytaekwondo.com>



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