# Summer 2019 Training Timetable

**MONDAY**

*RIVERMEAD LEISURE COMPLEX, Reading RG1 8EQ*

**4-5pm Mini Kickers U8yrs**

Beginner/White Belt students start 4pm during holiday period finishing 5pm

Yellow Belt/Novice students may continue until 5.30pm

**5-7pm Children U13yrs**

Open session for all grades with White/Yellow Belt students finishing 6.30pm

Green Belt/Intermediate & above students continue until 7pm

**7-9pm Teen/Adults**

Open technical session for all grades including preparations for Advanced/Elite students prior to National Black Belt Seminar & Grading 6-8th September.

**WEDNESDAY**

*ST. CRISPINS LEISURE CENTRE, Wokingham RG40 1RE*

**6-7.30pm Children U13yrs**

All students including U8yrs Mini Kickers start 6pm during holiday period with White Belt beginners finishing 7pm

**7.30-9pm Teen/Adults**

Open technical session for all grades including preparations for Advanced/Elite students prior to National Black Belt Seminar & Grading 6-8th September.

**THURSDAY**

*RIVERMEAD LEISURE COMPLEX, Reading RG1 8EQ*

**5-6pm Children Under 135cms Height**

**6-7pm Children Over 135cms Height**

**7-9pm Teen/Adults**

Sparring specific session focussing on fitness & pad drills for all students (safety equipment required) including preparations for International competitors prior to ITF World Championships, Bulgaria 26th-31st August**.**

**Please note** there will be **no training** during the Reading Music Festival period from Thursday 22nd August to Monday 26th August (Bank Holiday) due to sports facility closer and throughout the final week of August.

Training recommences on Monday 2nd September, Wednesday 4th (when most schools return) and Thursday 5th September. There will be no training on either Tuesday 3rd, Friday 6th, or Saturday 7th during this period.

Henley classes will recommence Monday 9th and Wednesday 11th September both at Henley Leisure Centre according to our new training timetable schedule.

**Keep checking our official** [**Facebook**](https://www.facebook.com/TVTaekwondo/) **business page and website link for further updates and have a great summer break!**